

# PROVIDING FAMILIES WITH ASSISTANCE & RELIEF

NOVA Montréal is a charitable, not-for-profit, community-based organization that specializes in offering in-home healthcare services since 1898.

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#### VISION

NOVA MONTRÉAL will be a primary resource for the promotion and delivery of quality community-based healthcare services.

#### MISSION

TO RESPOND to identified unmet community needs through the development and delivery of high-quality, innovative healthcare services.

CORE VALUES
RESPECT:
All people
must be
treated with
consideration and
dignity,
honouring
their
diversity.

CARING: We serve with empathy and compassion.

PARTICIPATION:
All members of our team: employees, volunteers, clients, family members, community organizations, and public healthcare agencies, work together in an effective helping

COURAGE: We have the strength to be independent and unique.

relationship.

# NOVA MONTRÉAL TERRITORY

OUR SERVICES are offered in the territory bordered by: St-Denis Street to the East; 32nd Avenue, Lachine, to the West; Metropolitain Boulevard to the North; The St. Lawrence River to the South, including Verdun, Nun's Island and Ville LaSalle.

### CHILDREN'S RESPITE PROGRAM CRITERIA ↔

A referral from a Hospital, CLSC or Health Professional is required.

Following the referral, a NOVA registered nurse visits the child to assess their condition, and with the family, develops a care plan.

The same health aide is assigned to the client on a scheduled basis to ensure continuity of care. NOVA Montréal offers families FREE in-home respite care to families of chronically ill, pre-school children (0 to 6 years old) who are physically and/or intellectually handicapped, on a scheduled basis for a maximum of 6 hours per week.

Caregivers can attend to their errands and appointments or simply



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Based on the assessment of the NOVA nurse, a trained NOVA home health aide provides the client with the following services:

#### **HELP WITH HYGIENE**

- Bathing
- General skin care
- Toileting (changing soiled diapers and clothes)

### HELP WITH MOVEMENT

- Exercise: assisting with a prescribed program as demonstrated by a physiotherapist and/or parent
- Accompany on walks
- Trips to the park and doctor visits with parents

# **HELP CHILD TO GAIN INDEPENDENCE**

Activities to encourage physical and mental health: crafts and games according to age and ability

#### HOUSEHOLD HELP

- Meals: preparing simple meals and assisting with feeding
- Light household cleaning

# TREATMENTS AND **MEDICATIONS**

Upon request, specially trained home health aides can help with:

- Tube feeding
- Oral and nasal suctioning
- Administer medication orally or via feeding tube if prepared by healthcare professional (pharmacist, nurse) or family

### **EMOTIONAL SUPPORT**

- Active listening
- Caregiver respite and support

Please visit our website for more information

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For questions, comments or feedback, please do not hesitate to let us know. We always welcome suggestions so that we can improve as an organization.



#### **ADDRESS**

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FAX



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WEBSITE

www.novamontreal.com

Agréé par:

glve:\$	out to NOVA Montréal			310 Victoria, bureau 403
pledge to donate:   \$50   \$100   \$150   prefer to give:	☐ Visa ☐ Mastercard ☐ Cheque made out to NOVA Montréal Card number: ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐	Expiration:/Name on the card:	Signature:	NOVA Montréal is a charitable, non-profit organization. We depend on donations from individuals, corporations and foundations to support our programs. www.novamontreal.com
			re provided with donations of 20\$ or more. 13035 0184 RR0001	

Postal code:

Name: