Children's Services: Home Health Aide Service List

Based on an assessment by a NOVA Montreal nurse, our home health aides can provide the following services:

Hygiene Help

- Bathing: bed, sponge, tub, shower
- Skin: general care, minor dressings
- Toileting: supervising schedule, changing soiled diapers and clothes

Movement Help

- Exercising: helping with prescribed program as demonstrated by physiotherapist and/or parent
- Range of motion exercises
- Accompany on walks, trips to the park and doctors visits with parents

Developing Independence

- Activities to encourage the child's physical and mental health (crafts, games, etc.)

Household Help

- Meals: preparing simple meals, assistance with feeding

Emotional Support

- Active listening
- Caregiver respite and emotional support

Treatments and Medications *(upon request, via specially trained home health aides)*

- Tube feeding
- Oral and nasal suctioning
- Medication: orally or via feeding tube prepared by family or healthcare professional (pharmacist or nurse)

NOVA Montréal Home Health Aides <u>cannot</u> help with (non-exhaustive list):

- Changing sterile dressings
- Preparing or giving medication by injection
- Giving enemas and disempacting stool
- Administering oral medication not prepared by family or nurse
- Providing foot-care for clients with diabetes, poor circulation, swollen feet or legs, infection (fungus or other)